



cornea &
contact lens
SOCIETY OF AUSTRALIA

CCLSA DINNER & MASTERCLASS

26 & 27 NOV 2016



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PROGRAM CHAIR



Dear Colleague,

One of the more challenging aspects of contact lens prescribing in a busy optometry practice is the notion that increased contact lens prescribing will consume valuable time during the consulting day.

In reality the time required to increase your contact lens prescribing rate can be minimised through increasing confidence.

Confidence in terms of the prescribing practitioner's confidence in dealing with product, patient expectations and any complications. Confidence in terms of the patient believing in the practitioner, and being able to enjoy the contact lens lifestyle while feeling that they are safe.

From the practitioner point of view this confidence may be derived from focussed, quality, continuing educational experiences, with the knowledge gained from colleagues' experience brought back to the practice. Like a snowball the small changes in communication nuance, improved skills performance and better product performance gradually come together over the following weeks and months to facilitate improved contact lens prescribing.

From a patient point of view the improved practice performance with respect to contact lens prescribing gives them the opportunity to confidently enjoy a better view of the world through contact lenses.

The Cornea and Contact Lens Society of Australia has been providing practice focused, quality professional development to enhance contact lens prescribing since 1962. In the last five years we have been excited to develop our Masterclass lecture series as an adjunct to our International Cornea and Contact Lens Congress.

In 2016, we are excited to announce that in conjunction with our industry partners, we're bringing the Masterclass lectures to CCLSA members at no charge.

There is simply no better way or better time to gain quality contact lens continuing professional development in 2016 than with the Cornea and Contact Lens Society Masterclass lectures.

Yours faithfully,

David Stephensen
Programme Chair, CCLSA Masterclass

PROGRAM



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SATURDAY 26TH NOVEMBER 2016 - DINNER WITH PROFESSOR HELEN SWARBRICK

3T CPD POINTS

The Deck Function Room - Adelaide Hills Convention Centre

Join us for a relaxed dinner under the stars, as Professor Helen Swarbrick presents her cutting edge views and research on Orthokeratology, including the latest outcomes from the September 2016 US Food and Drug Administration myopia control public workshop.

6.00pm	Registration and pre-dinner drinks
7.00pm	Dinner
8.10pm	Dessert
9.00pm	Close

SUNDAY 27TH NOVEMBER 2016 - CCLSA MASTERCLASS

UP TO 18 CPD POINTS
(INCLUDING 6T CPD POINTS)

The Lakeview Room - Adelaide Hills Convention Centre

8.30am	CCLSA National AGM
8.50am	Welcome from CCLSA National President Mr Damien Fisher
9.00am	Update on the Dry Eye Workshop (DEWSII) and dry eye management Dr Laura Downie
10.00am	The Future of Orthokeratology Prof Helen Swarbrick
10.30am	Ben Olsen, AFT Pharmaceuticals
10.40am	Communication Tools for Contact Lens Champions Ms Jessica Chi
11.00am	Ms Helen Summers, Alcon Laboratories
11.10am	Morning Tea
11.30am	Mr Joe Tanner, CooperVision
11.35am	Corneal Dystrophies and Degenerations Dr Aanchal Gupta



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PROGRAM

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SUNDAY 27TH NOVEMBER 2016 - CCLSA MASTERCLASS

12.15pm	Mr Mark Whibley/Mr Steve Newman, Menicon
12.20pm	Tackling Toric Contact Lenses Ms Jessica Chi / Mr Luke Arundel / Mr David Stephensen
1.00pm	The Multifocal Mindset Mr David Stephensen
1.30pm	Lunch
2.15pm	Profiting from Presbyopia Ms Jessica Chi / Mr Luke Arundel / Mr David Stephensen
3.15pm	Managing Therapeutic Challenges in Contact Lens Wear Ms Jessica Chi / Mr Luke Arundel / Mr David Stephensen

The Masterclass will close at 4pm

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TOPIC OUTLINES



9:00AM DR LAURA DOWNIE - UPDATE ON THE DRY EYE WORKSHOP (DEWSII) AND DRY EYE MANAGEMENT

As recent recipient of the Young Investigator Award at the Tear Film and Ocular Surface Society Conference and Dry Eye Workshop (DEWSII), Dr Downie will present on the DEWSII workshop proceedings and her views on dry eye management.

10:00AM PROFESSOR HELEN SWARBRICK - THE FUTURE OF ORTHOKERATOLOGY

Otherwise known as the mother of Orthokeratology, Professor Helen Swarbrick returns to discuss the future of Orthokeratology at both the national and international level.

10:40AM MS JESSICA CHI - COMMUNICATION TOOLS FOR CONTACT LENS CHAMPIONS

Communication is an essential part of bridging the interpersonal space between the practitioner and the patient in contact lens fitting. Former CCLSA National President Ms Jessica Chi presents on practical tips for improving communication aimed at streamlining the contact lens prescribing process.

11:35AM DR AANCHAL GUPTA - LET'S TALK CORNEAL DYSTROPHIES AND DEGENERATIONS

Dr Aanchal Gupta will share with us some interesting clinical case studies, touching on various corneal dystrophies and degenerations, the role of genetic testing, and the current surgical management options available.

12:20PM MS JESSICA CHI, MR LUKE ARUNDEL, MR DAVID STEPHENSEN - TACKLING TORIC CONTACT LENSES

22% of Australians have refractive astigmatism of more than 0.75 dioptres. Correcting refractive astigmatism can improve patient quality of life as a contact lens wearer. The CCLSA Panel of experts will open a floor discussion surrounding the common issues associated with toric contact lenses and how to overcome these.

1:00PM MR DAVID STEPHENSEN - THE MULTIFOCAL MINDSET

Multifocal contact lenses are one of the key methods of correcting presbyopia. Despite significant improvements in multifocal contact lens technology, the prescribing rate in Australia remains low. This presentation explores the practitioner mindset and proposes an alternative method of approaching the prescribing of multifocal contact lenses for the profit of both the patient and the practitioner. Multifocal contact lenses are one of the key methods of correcting presbyopia. Despite significant improvements in multifocal contact lens technology, the prescribing rate in Australia remains low. This presentation explores the practitioner mindset and proposes an alternative method of approaching the prescribing of multifocal contact lenses for the profit of both the patient and the practitioner.

2:15PM MS JESSICA CHI, LUKE ARUNDEL, DAVE STEPHENSEN - PROFITING FROM PRESBYOPIA

Presbyopia in Australia is now multigenerational with Baby Boomers and Generation X now squarely in the midst of requiring presbyopic vision correction. The CCLSA panel of experts will open a discussion with the audience on how to grow your contact lens practice through providing vision correction in the presbyopic population.

3:15PM MS JESSICA CHI, LUKE ARUNDEL, DAVE STEPHENSEN - MANAGING THERAPEUTIC CHALLENGES IN CONTACT LENS WEAR

We are now fully in an age of therapeutically qualified optometry in Australia. Contact lens wear is a significant contributor to the therapeutic challenges we all face in practice. Knowing efficient and effective therapeutic strategies for quickly resolving contact lens complications enhances both the practitioner's practice flow and the patient's quality of life. The CCLSA panel of experts will engage with the audience to discuss the therapeutic care of contact lens complications in optometry practice.

SPEAKERS



Dr Laura Downie

Dr Laura Downie is a senior lecturer and a NHMRC Translating Research Into Practice (TRIP) Fellow in the Department of Optometry and Vision Sciences at the University of Melbourne. In this role, she provides didactic and clinical training to Doctor of Optometry students, leads the specialty Cornea clinic at the University of Melbourne Eyecare and heads the Downie Laboratory, which undertakes clinical research in anterior ocular disease, tear film physiology and contact lenses.

Laura completed her undergraduate optometry degree (2003) and doctorate (2008) at the University of Melbourne. She was the recent recipient of the Young Investigator Award at the Tear Film and Ocular Surface Society Conference and Dry Eye Workshop (DEWSII). In 2014, she was awarded two prestigious fellowships from the National Health and Medical Research Council and achieved international recognition for her clinical research achievements with the award of the Irvin and Beatrice Borish Award from the American Academy of Optometry. Laura has been an invited speaker at more than 40 national and international optometric conferences over the past five years, and has published numerous peer-reviewed papers in scientific journals. She has been awarded clinical fellowships from the Australian College of Optometry (2011) and American Academy of Optometry (2013).

Professor Helen Swarbrick



Professor Helen Swarbrick gained her optometric qualifications in New Zealand in 1974 and completed an MSc in Psychology in 1978. Following 8 years in private optometric practice in New Zealand and England, Professor Swarbrick took up a position as Research Optometrist at the Cornea and Contact Lens Research Unit, School of Optometry, University of New South Wales. In 1991 she received her PhD degree for a thesis on the topic of rigid gas-permeable contact lens adherence during overnight lens wear.

In 1995 Professor Swarbrick was appointed to the School of Optometry and Vision Science, UNSW, with the responsibility for contact lens education at the School. She has since been promoted to Professor. Professor Swarbrick's current primary research interest is the corneal response to orthokeratology (or corneal refractive therapy) for the correction of refractive errors, and its role in myopia progression and control. Recent research has aimed to develop a greater understanding of the visual and optical effects of orthokeratology.

SPEAKERS



Dr Aanchal Gupta

Dr. Aanchal Gupta is a Consultant Ophthalmologist and a Fellow of the Royal Australian and New Zealand College of Ophthalmologists. As well as being a practicing comprehensive ophthalmologist, she has a particular interest in cataract, corneal, and refractive surgery.

Dr. Gupta graduated in Medicine from Monash University in Melbourne.

Following her specialty ophthalmology training in Adelaide, she undertook a Cornea and Refractive sub-specialty fellowship at the University of British Columbia, Canada, where she gained vast experience in new and evolving techniques in complex cataract surgery and lamellar corneal transplantation.

Dr. Gupta is an author on many peer-reviewed research publications, presents regularly at local and international conferences, and is involved in ongoing research in corneal transplantation.

Ms Jessica Chi



Jessica completed her Bachelor of Optometry Degree from the University of Melbourne in 2007, and since has since worked in private practice. Jess became the director of Eyetech Optometrists, an independent optometry practice in Melbourne, with a strong focus on specialty contact lenses.

Jess is the current Victorian and Immediate Past National president of the Cornea & Contact Lens Society of Australia, a member of the Victorian Optometry Sector Advisory Group, and a clinical supervisor at the University of Melbourne. She is an invited speaker at various conferences and meetings throughout Australia and beyond, and is a columnist for MiVision.

CCLSA MASTERCLASS 2016

SPEAKERS



Luke Arundel

Luke graduated with Honours in Optometry from QUT in 1998. He currently holds fellowships with the BCLA, CCLSA and IACLE and became an Adj.Ass Prof. of the University of Missouri, St Louis, USA in 2008. His professional interests include keratoconus, post-graft and scleral lens fitting, dry eye, ortho-k and paediatric CL. He has worked in specialist contact lens practice in Brisbane and Melbourne and has also worked in the CL manufacturing field for four years.

He has been a guest lecturer at state and international contact lens conferences and at the UNSW, UME and QUT Schools of Optometry. He is currently employed as the National Professional Services Manager for Optometry Australia.



David Stephensen

David is passionate about helping patients to become more confident in their vision through contact lens wear.

He enjoys providing clinical education through the CCLSA, OAA, and QUT. David is a lecturer to the QUT Master of Optometry course, and the QUT Graduate Certificate in Ocular Therapeutics.

David is the Chair of the case reports section of the fellowship program for The Cornea and Contact Lens Society of Australia. David has lectured at national and international conferences to both Optometrists and Ophthalmologists.

David studied undergraduate Optometry at QUT. Following this he completed a business degree in Logistics and Operations Management at USQ. David was part of the first graduating class of the QUT Graduate Certificate in Ocular Therapeutics. In 2007, David completed his fellowship of the Cornea and Contact Lens Society of Australia.

David is a past President of The Cornea and Contact Lens Society of Australia at both a state and national level.

